You can try U2U Query Builder <http://www.u2u.net/res/Tools/CamlQueryBuilder.aspx>

<Query>

<Where>

<Eq>

<FieldRef Name="paApproved" />

<Value Type="Boolean">1</Value>

</Eq>

</Where>

<OrderBy>

<FieldRef Name="paState" Ascending="False" />

</OrderBy>

</Query>

<Where>

<And>

<Eq>

<FieldRef Name="HomeType"/><Value Type="Choice">Condo</Value>

</Eq>

<Eq>

<FieldRef Name="LastName"/><Value Type="Text">Doe</Value>

</Eq>

</And>

</Where>

SELECT FirstName, LastName, Description, Profile

FROM SomeFakeTable

WHERE (FirstName = 'John' OR LastName = 'John' OR Profile='John')

AND (FirstName = 'Doe' OR LastName = 'Doe' OR Description = 'Doe' OR Profile='Doe')

AND (FirstName = '123' OR LastName = '123' OR Profile='123')

<Where>

<And>

<Or>

<Eq>

<FieldRef Name='FirstName' />

<Value Type='Text'>John</Value>

</Eq>

<Or>

<Eq>

<FieldRef Name='LastName' />

<Value Type='Text'>John</Value>

</Eq>

<Eq>

<FieldRef Name='Profile' />

<Value Type='Text'>John</Value>

</Eq>

</Or>

</Or>

<And>

<Or>

<Eq>

<FieldRef Name='FirstName' />

<Value Type='Text'>Doe</Value>

</Eq>

<Or>

<Eq>

<FieldRef Name='LastName' />

<Value Type='Text'>Doe</Value>

</Eq>

<Eq>

<FieldRef Name='Profile' />

<Value Type='Text'>Doe</Value>

</Eq>

</Or>

</Or>

<Or>

<Eq>

<FieldRef Name='FirstName' />

<Value Type='Text'>123</Value>

</Eq>

<Or>

<Eq>

<FieldRef Name='LastName' />

<Value Type='Text'>123</Value>

</Eq>

<Eq>

<FieldRef Name='Profile' />

<Value Type='Text'>123</Value>

</Eq>

</Or>

</Or>

</And>

</And>

</Where>